



Creating an
Age Friendly Community:

Our tool for
community
engagement!



The Village
on Main

Vision

“An inclusive and sustainable community where spaces and neighbours are welcoming and connected.”

Mission

“We’re a Community Improvement District (CID) leading the transformation of our community into a suburban village that blends commercial and residential opportunities. By putting people first, we’re creating the freedom to develop friendly and open spaces in a collaborative way.”

Main Street within Dartmouth

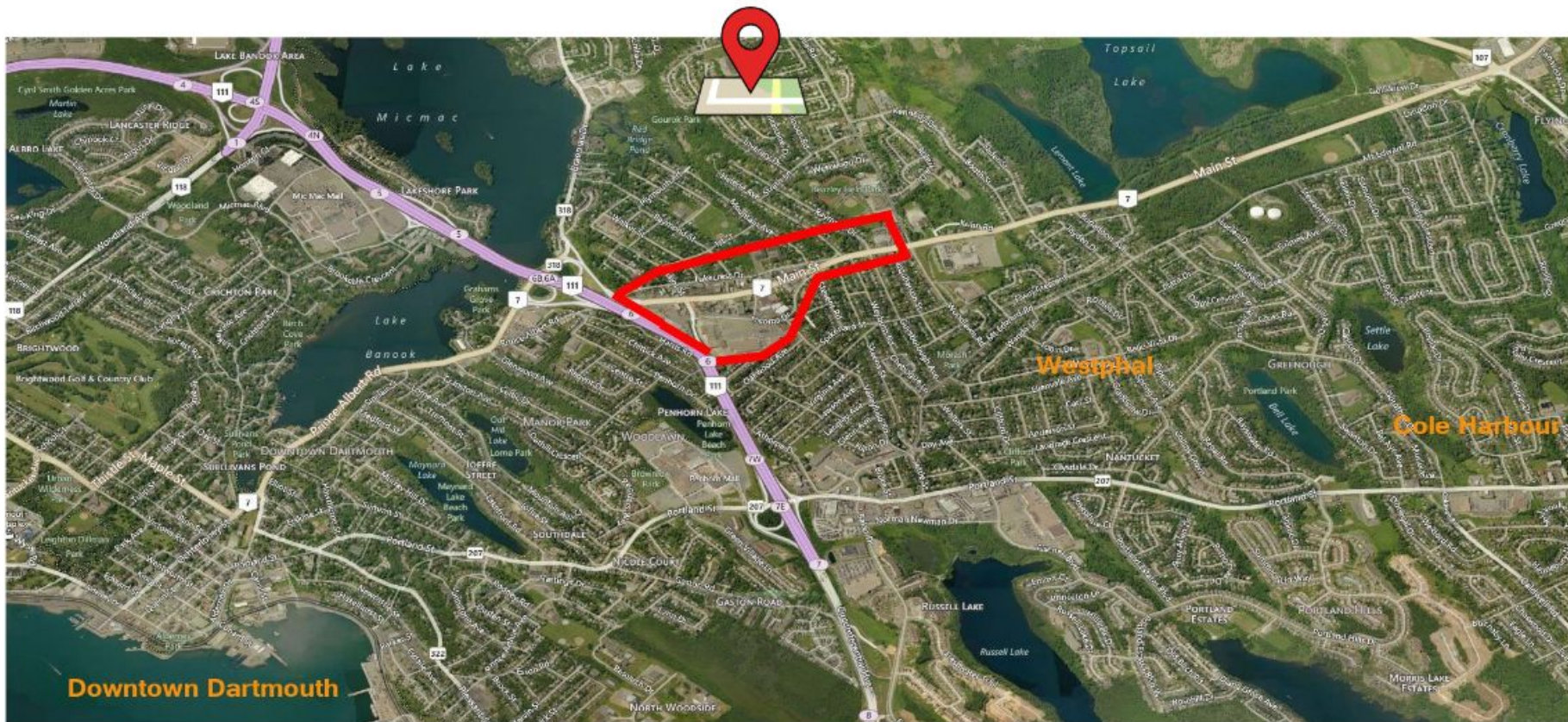


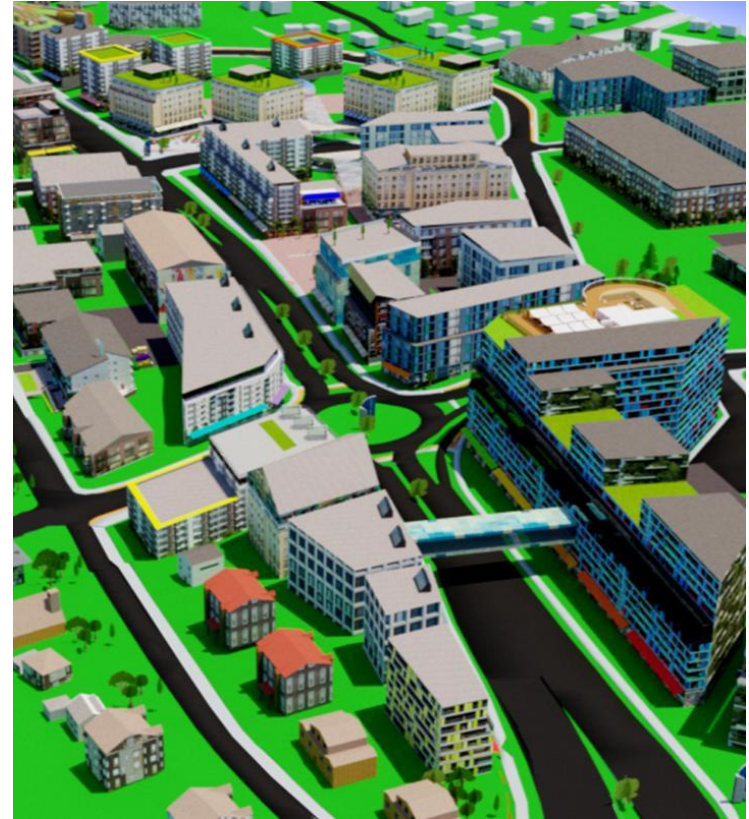
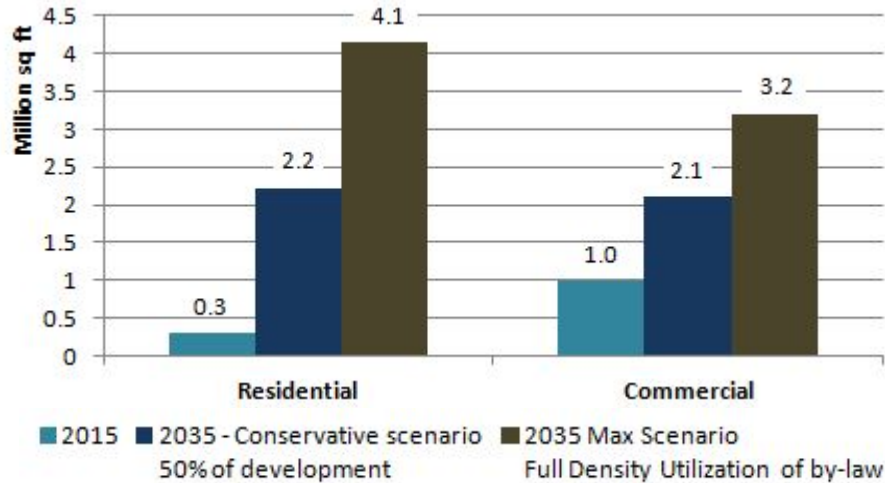
Image courtesy of Bing Maps



Development approved by city

+ 6 million sq ft
(3x Cogswell)

+ 7500 residents

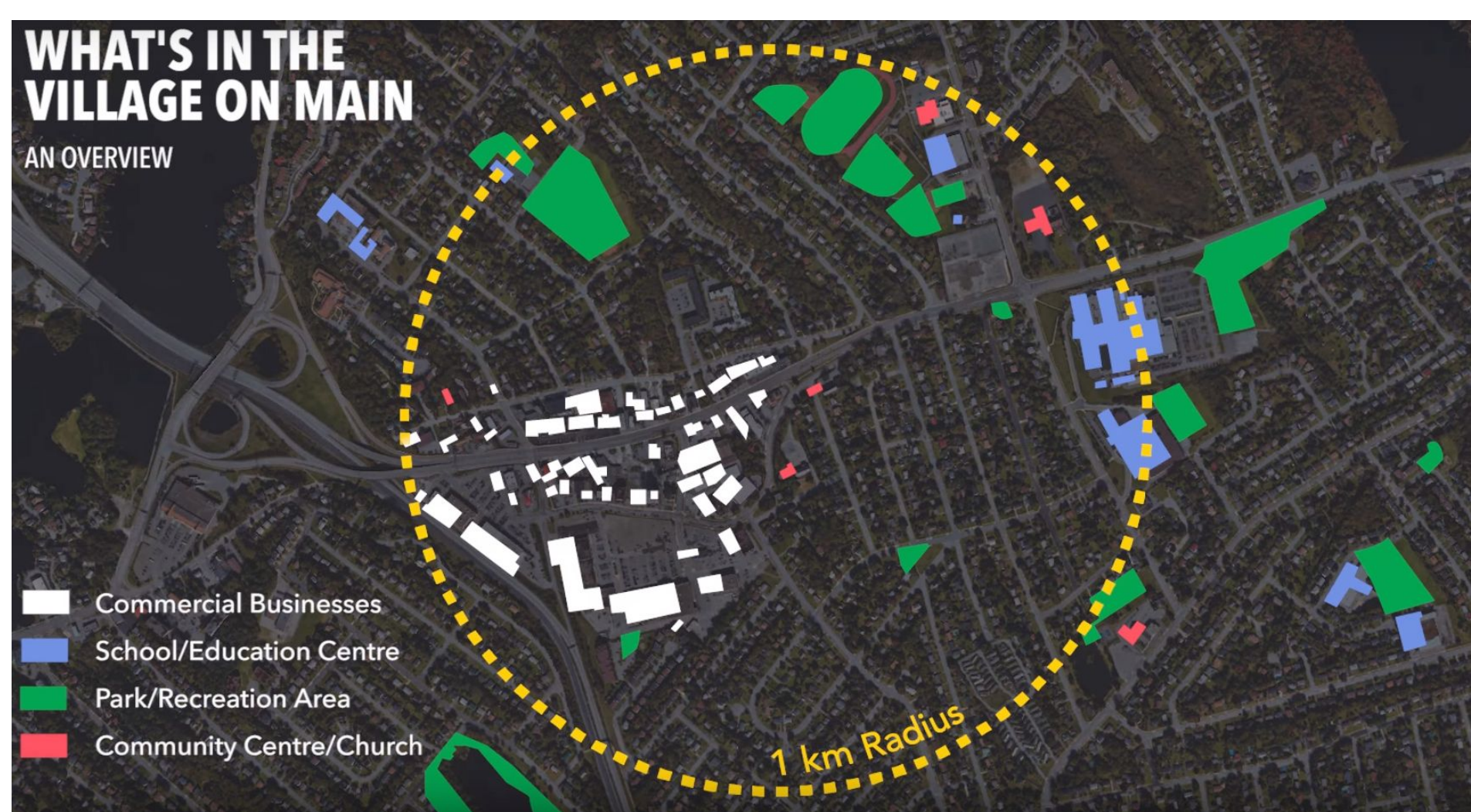


WHAT'S IN THE VILLAGE ON MAIN

AN OVERVIEW

- Commercial Businesses
- School/Education Centre
- Park/Recreation Area
- Community Centre/Church

1 km Radius





**A Health & Wellness Hub
with over 50 Health &
Wellness Services**



HRM's Health + Wellness Hub at **The Village on Main** in Dartmouth

DOCTORS & CLINICS

- 1a)** Atlantic Sleep Therapeutics
(902) 469-2550
- 1b)** Dr. Adele Belliveau (Family Doctor)
(902) 461-0165
- 1c)** Dr. David Bond (Chronic Pain Mgmt)
(902) 407-4545
- 1d)** Dr. Gordon Mahaney (Family Doctor)
(902) 465-3202
- 1e)** Dr. Susan Webster (Pediatrician)
(902) 462-0165
- 1f)** Family Vision Clinic
(902) 434-1231
- 1g)** Halifax Quit Smoking Clinic
(902) 818-7848
- 1h)** Tacoma Family Medicine & Walk-in Clinic
(902) 466-1531
- 1i)** Woodlawn Medical Clinic
(902) 434-1500

DENTAL & ORTHODONTICS

- 2a)** Happy Smiles Dental Hygiene
(902) 444-1110
- 2b)** Dr. Gene Jensen (Orthodontist)
(902) 466-6220
- 2c)** Lovitt-Stone Denture Clinic
(902) 434-1477
- 2d)** Schaefer Dental Centre
(902) 434-1800
- 2e)** Tacoma Dental Centre
(902) 434-3706
- 2f)** Westphal Dental
(902) 434-1411

PHARMACIES

- 3a)** Lawtons Drugs Westphal
(902) 462-7400
- 3b)** Shoppers Drug Mart
(902) 434-0366
- 3c)** Sobey's Pharmacy
(902) 435-6969
- 3d)** Westphal Pharmachoice
(902)-434-5585

PHYSIOTHERAPY & MASSAGE

- 4a)** Choice Health Centre
(902) 404-3668
- 4b)** Classic Physiotherapy
(902) 404-2222
- 4c)** Massage Addict
(902) 462-3338
- 4d)** The Physioclinic
(902) 435-2300

HOME CARE

- 5a)** Clamar Residential Care Facility
(902) 435-6186
- 5b)** Nightingale Nursing Services
(902) 465-9777

SOCIAL WELLNESS & EDUCATION

- 6a)** Affirmative Ventures
(902) 464-3466
- 6b)** Army Navy Air Force Club
(902) 435-2933
- 6c)** Black Educators Association
(902) 424-7036
- 6d)** Canadian Celiac Association - NS Chapter
(902) 464-9222
- 6e)** Circle of Care Society
(902) 463-9074
- 6f)** Dartmouth Community Health Team
(902) 460-4555
- 6g)** Dartmouth Learning Network
(902) 463-9179
- 6h)** DLC Training
(902) 433-4138
- 6i)** East Dartmouth Community Centre
(902) 435-6211
- 6j)** Gateway Homes Inc.
(902) 454-0145
- 6k)** National Association of Federal Retirees
(902) 463-1431
- 6l)** Support Services Group Cooperatives Ltd
(902) 466-0230
- 6m)** Sylvan Learning Satellite
(902) 422-7323
- 6n)** Veterans Emergency Transition Services
1-888-223-3871 ext 121

FITNESS

- 7a)** Balance Fitness & Wellness Centre
(902) 292-2626
- 7b)** Beazley Sports Field
(902) 425-5450
- 7c)** Fit Plus Martial Arts School
(902) 404-8124
- 7d)** Metro Karate Training Centre
(902) 461-0808
- 7e)** Sunrise Yoga
(902) 404-9642

WELLNESS & OTHER

- 8a)** Aqua Naturals
(902) 462-2222
- 8b)** DermaEnvy Skin Care
(902) 469-3376
- 8c)** Holistic Beauty & Wellness by Kristy
(902) 462-5911
- 8d)** Popeye's Supplements
(902) 444-4455
- 8e)** Pruvit Ketones
(902) 497-6003

PLACES OF WORSHIP

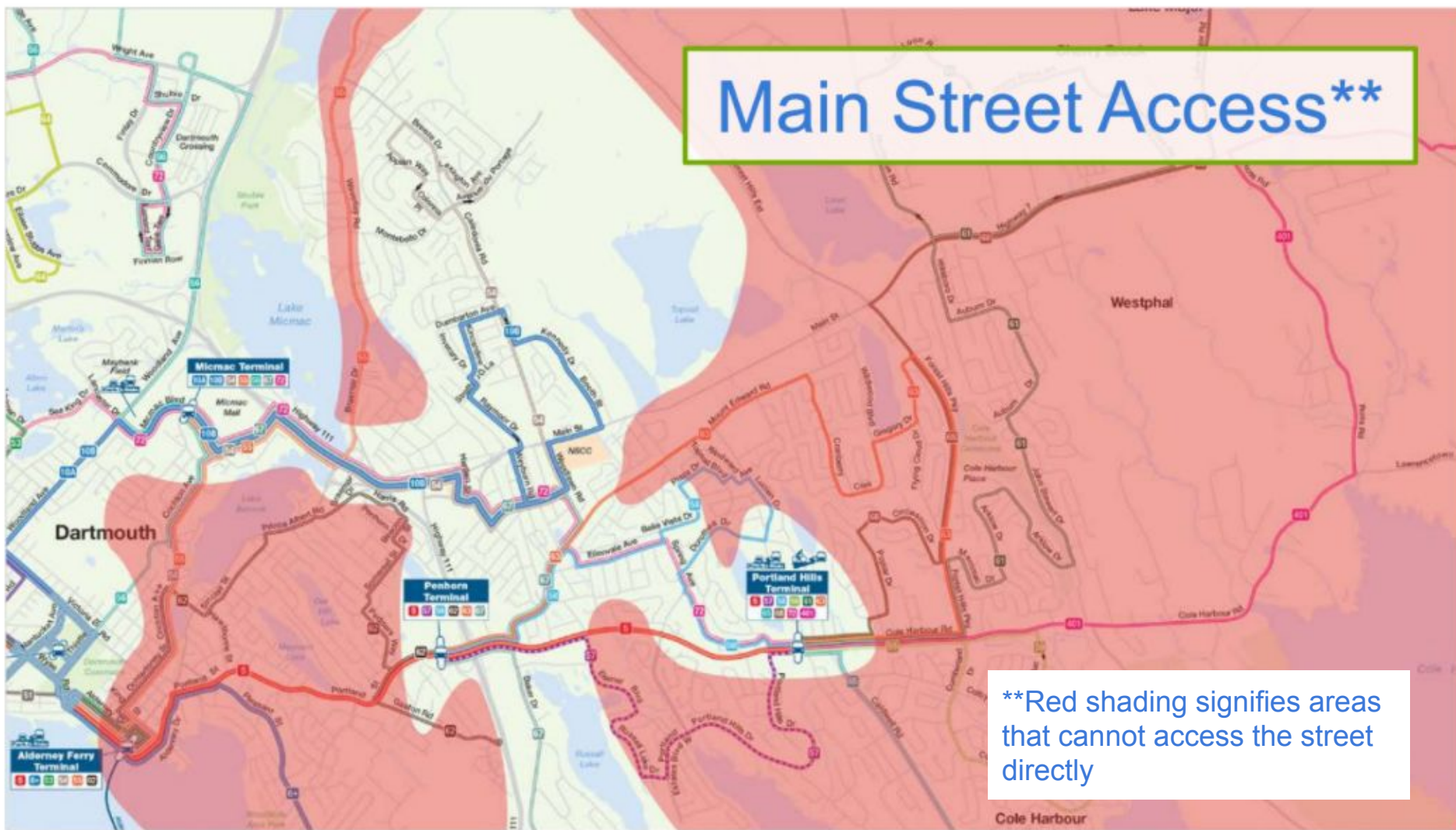
- 9a)** Salvation Army Community Church
(902) 466-6847
- 9b)** Stevens Rd United Baptist Church
(902) 435-1456
- 9c)** St. Thomas More Catholic Church
(902) 434-4190
- 9d)** St. Luke's Anglican Church
(902) 434-7670
- 9e)** Seventh Day Adventist Church
(902) 434-1562

PET HEALTH & WELLNESS

- 10a)** Dartmouth Veterinary Hospital
(902) 434-0700
- 10b)** Pet Stuff on the Go
(902) 464-3466
- 10c)** Pet Valu
(902) 435-9748
- 10d)** Global Pets
(902) 434-8361

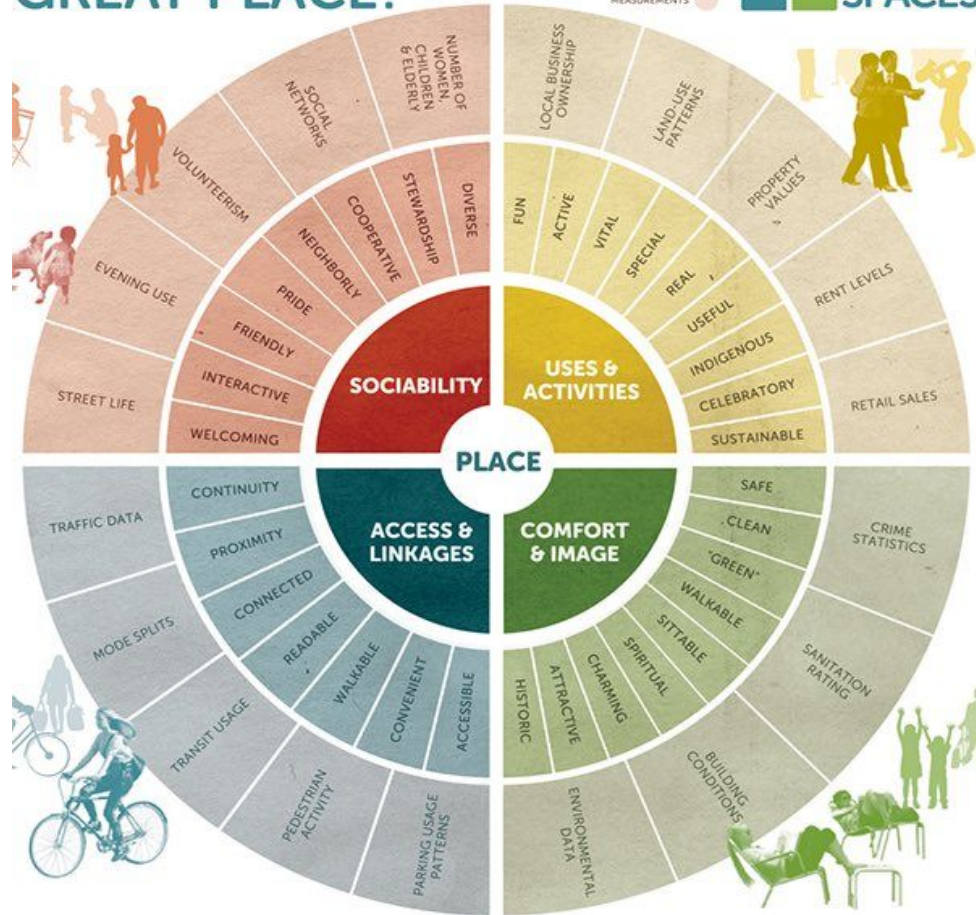


Main Street Access**



**Red shading signifies areas that cannot access the street directly

WHAT MAKES A GREAT PLACE?



A focus on Age Friendly Planning covers all the bases for an inclusive community AND inclusive public spaces!

**Surrounding
Suburbs**



**Extended District:
Dartmouth East**





North America
SCOTIA
DARTMOUTH
Canada
Europe
Africa

"BUT YOU WILL
POWER WHEN
SPIRIT COMES
YOU WILL BE IN
JERUSALEM
JUDEA AND SA
TO THE ENDS OF
Je

Goal 1: Open Space and Built Environment

Objectives:

1. Expand and enhance public space
2. Comply with accessibility handbook and be a comfortable space for people of all abilities
3. Improve quality and safety of active transportation
4. Improve information and networking relating to the built environment

Goal 2: Transportation

Objectives:

1. Improve transit in the District
2. Encourage the establishment, and promote, car sharing service(s)
3. Promote opportunities for active transportation
4. Establish collaborative initiative with the DSSC transportation service

Goal 3: Housing

Objectives:

1. Monitor housing needs in the Extended District
2. Promote affordable housing options
3. Attract new home buyers and renters to the Extended District

Goal 4: Social Connectivity and Civic Engagement

Objectives:

1. Foster social connectivity and intergenerational engagement In the Extended District

Goal 5: Health and Community Support Services

Objectives:

1. Promote access and awareness of Main Street's health and wellness services as well as Dartmouth community Health Centre, mental health and DGH geriatric services
2. Promote food security and better nutrition
3. Align health and community supports to support housing needs

Goal 6: Community Economic Development

Objectives:

1. Encourage the creation of age friendly businesses
2. Encourage entrepreneurship and consider establishing a seniors' business advisory council.
3. Promote the full scope Health and Wellness services
4. Promote the District for new immigration
5. Encouraging the use of professional financial planning, estate planning and tax planning services to promote aging well in place

Goal 7: Awareness and communication

Objectives:

1. Develop a communication strategy

Goal 8: implementation

Objectives:

1. Establish an Age Friendly Community Team
2. Become recognized by the World Health Organization as an Age Friendly Community







The Village
on Main

CHANGE IS GOOD.
TRANSFORMATION IS

WWW.VILLAGEONMAIN.CA

